

**808 Race and BOCA Hawaii
Congratulate
the Hawaii Running Hall of Fame
2023 inductees!**



RUN IN PARADISE:

HMSA Norman Tamanaha 15K - Aug 13

Runner's HI 20K - Sep 3

Hybrid Design 25K - Oct 1

BOCA Hawaii 30K - Oct 22

Running Room Val Nolasco 21K – Nov 12

www.808racehawaii.com



TRAIN WITH PASSION

www.bocahawaii.com



HONOLULU MARATHON
5am, December 10, 2023
FIND OUT MORE →
<https://www.honolulumarathon.org>

Congratulations!



START TO PARK 10K
5am, December 10, 2023
FIND OUT MORE →

Hawaii Running Hall of Fame 2023 Inductees!



KALAKAUA MERRIE MILE
7am, December 9, 2023
FIND OUT MORE →

Congratulations to the 2023 Hawaii Running Hall of Fame Inductees



Mid-Pacific Road Runners Club

Upcoming Races

- Kailua "Shark Chase" Beach Run – July 16
- Lanikai 8K – July 23
- Tamanaha 15K – August 13
- Runner's HI 20K – September 3
- Old Pali Road Run – September 9
- Windward 25K – October 1
- Tantalus 10-Mile Challenge – October 8
- BOCA Hawaii 30K – October 22
- Val Nolasco Half Marathon – November 12
- Santa Hat 5K – December 3

Join the Club!

Get 50% off a new one-year membership thru May 21st.

Online membership registration + processing fee or by mail add \$5.

Individual - ~~\$35~~ \$17.50

Family - ~~\$45~~ \$22.50 (spouses, partners, and dependents under age 19)

Junior - ~~\$20~~ \$10 (under age 19)

Enter "HRHF" into the coupon code box on the payment page when registering. Offer expires May 21st.

Sign up here ↓

Go to the club website here →



FREE 10-DAY PASS

UFC GYM

Congratulations to
the Hawaii Running
Hall of Fame 2023
Inductees



INCLUDES

- ▶ WEIGHTLIFTING & CARDIO EQUIPMENT
- ▶ RECOVERY SERVICES
- ▶ CONDITIONING CLASSES
- ▶ CHILDCARE
- ▶ YOUTH PROGRAMS
- ▶ MMA GROUP CLASSES
- ▶ AND MORE!



SCAN FOR MORE INFO ON
ALL OUR HAWAII CLUBS

UFC GYM HONOLULU 805 POHOKAANA ST
HONOLULU HI 96813
(808) 672-2655

CALL TO REDEEM OFFER

